



Washington Academy of Physician Assistants
presents

2011 ANNUAL FALL CONFERENCE

October 13–15, 2011



SUNCADIA[™]

RESORT • COMMUNITY • LEGACY

Cle Elum, Washington



CONFERENCE INFORMATION

Date: October 13–15, 2011

Place: Suncadia Resort, 3600 Suncadia Trail
Cle Elum, WA 98922

Telephone: (866) 904-6300



Registration: Registration will begin at 7:00 AM on Thursday morning in the Rialto A Ballroom, and will be available each morning of the conference. An administrative fee of \$50.00 is withheld from all refunds. No refunds will be made after the course has begun.

Credit: *This program has been reviewed and is approved for a maximum of 20 hours of clinical Category I CME credit by the Physician Assistant Review Panel. Physician assistants should claim only those hours actually spent participating in the CME activity. This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial support of Live Programs.*

Workshop: A casting workshop will be offered on a first come first served basis to the first 30 people who register for the workshop. Please see the registration page for the cost and to sign up.



FACULTY

James W. Benson, Jr, MD

Endocrinologist
Group Health
Seattle, WA

Kelley Branch, MD

Assistant Professor in Cardiology
University of Washington School of Medicine
Seattle, WA

Joy B. Bucher, MD

Associate Member
Department of General Internal Medicine
Virginia Mason Medical Center
Seattle, WA

Jennifer Carlquist, PA-C

Salinas Valley Memorial
Emergency Department
Monterey, CA

Patricia J. Devine, MLS

MLS Network Outreach Coordinator
National Network of Library of Medicine/
Pacific Northwest Region Health Sciences
Library and Information Center
University of Washington, Seattle, WA

David Elkayam, MD

Bellingham Asthma
Allergy and Immunology Clinic
Bellingham, WA

Robin Hornung, MD

Dermatologist, Everett Clinic
Everett, WA

Fred Huang, MD

Valley Orthopedic Associates
Fellow of the American Academy of
Orthopedic Surgeons
Renton, WA

Lynn Keenan, MD

Clinical, Associate Professor of Medicine
University of Washington
Northwest Respiratory Associates
Northwest Hospital and Medical Center
Seattle, WA

Eric Kraus, MD

Associate Professor of Neurology
Department of Neurology
University of Washington Medical Center
Seattle, WA

Donna Landry, PA-C

Owner
Olympia Medical Family Wellness Clinic
Olympia, WA

John Lynch, MD

Assistant Professor
Department of Medicine
Division of Allergy and Infectious Disease
University of Washington, Seattle, WA

Russell Maier, MD

Family Practice Physician
UW Clinic Professor-Department of
Family Medicine
Yakima, WA

Russ Migita, MD

Clinical Director, Emergency Services
Seattle Children's Hospital
Clinical Associate Professor
Department of Pediatrics
UW School of Medicine
Seattle, WA

Richard Rooney, MD, FACS

Adult and Pediatric Spine Surgery
The Polyclinic
Seattle, WA

Travis Sears, PA-C

BVU Orthopedics
Seattle, WA

Michael Soung, MD, FACP

General Internal Medicine
Virginia Mason Medical Center
Seattle, WA

Gregory W. Terman, MD, PhD

Professor, Department of Anesthesiology
UW School of Medicine
Seattle, WA

PROGRAM DETAILS

THURSDAY 🌞 OCTOBER 13, 2011

7:00 – 7:50 AM	Registration/Continental Breakfast Rialto A Ballroom
7:50 – 8:00 AM	Welcome/Introduction Rialto Ballroom B & C
8:00 – 9:00 AM	Demystifying the Spine Richard Rooney, MD, FACS
9:00 – 10:00 AM	Cardiovascular Update Kelley Branch, MD
10:00 – 10:30 AM	Exhibitor Break in Rialto Ballroom A
10:30 – 12:00 PM	Pediatric Pearls (Cases you do not want to miss) Russ Migita, MD
12:00 – 1:00 PM	Hosted Luncheon with WAPA Board and Committee Members Owens Room WAPA board of directors and committee members will be seated at various lunch tables and available for your questions and comments.
1:00 – 1:30 PM	Primary Care Evaluation and Management of Thyroid Nodules James W. Benson, Jr, MD
1:30 – 2:00 PM	Vitamin D Update James W. Benson, Jr, MD
2:00 – 3:00 PM	Bronchiectasis Lynn Keenan, MD
3:00 – 3:30 PM	Exhibitor Break in Rialto Ballroom A
3:30 – 4:30 PM	PubMed Pearls: Making The New PubMed Work For You! Patricia Devine, MLS
3:30 – 5:30 PM	Casting Workshop Miller Room Travis Sears, PA-C This 2 hour workshop will review casting basics with plenty of practice time to get you feeling comfortable putting casts on in whatever setting you work in. Application and removal of short arm, thumb spica, ulna gutter and short leg will be covered.
6:00 PM Start	Social Event: Thursday Hotdog Social includes hot dog, chips and lemonade.

FRIDAY 🌞 OCTOBER 14, 2011

6:30 AM Start	Social Event: FUN RUN/WALK Meet in front of the Rialto Ballrooms
8:00 – 9:15 AM	Lower Extremity Review Fred Huang, MD
9:15 – 10:00 AM	How the Washington State Pain Bill Will Affect Your Practice Gregory W. Terman, MD, PhD
10:00 – 10:30 AM	Exhibitor Break in Rialto Ballroom A
10:30 – 12:00 PM	Neurology Potpourri Eric Kraus, MD
12:00 – 1:00 PM	Hosted Luncheon Owens Room
1:00 – 2:00 PM	Cardiac Murmurs “Whispers of the Heart” Jennifer Carlquist, PA-C
2:00 – 3:00 PM	Care of the Skin for the Primary Care Provider Robin Hornung, MD
3:00 – 3:30 PM	Exhibitor Break in Rialto Ballroom A
3:30 – 4:30 PM	Screening, When to Stop Michael Soung, MD, FACP
4:30 – 5:30 PM	What is New in Women’s Health Joy B. Bucher, MD
6:30 PM	Dinner Program/Lecture: New Advances in the Treatment of Asthma David Elkayam, MD <i>Open to the first 55 people who register for the Fall Conference and RSVP for this dinner. This event is generously supported by TEVA.</i>

SATURDAY 🌞 OCTOBER 15, 2011

8:00 – 9:00 AM	How You Can Help Prevent Dental Disease in Your Practice Russell Maier, MD
9:00 – 10:00 AM	Chronic Urticaria — It’s not just Allergies Anymore David Elkayam, MD
10:00 – 10:15 AM	Break
10:15 – 11:30 AM	ID Case Studies in Primary Care John Lynch, MD
11:30 – 12:15 PM	The Path from Ill to Well Begins with Food Donna Landry, PA-C
12:30 – 3:00 PM	WAPA Board Meeting BOD meeting will be held in the Barich Room. Please RSVP at the registration desk. OPEN TO ALL WAPA MEMBERS



SOCIAL ACTIVITIES

THURSDAY HOTDOG SOCIAL | 6:00 PM start time

Join us Thursday evening for a Hotdog Social — includes hot dog, chips and lemonade. \$5.00 per person.

14TH ANNUAL 5K PA FUN RUN/WALK

Friday, October 14, 2011 | 6:30 AM start time

Another successful fun run/walk is scheduled to take place at 6:30 AM. Please meet in the registration area at 6:15 AM. This is a free event. Walking as always is fine. Just bring running/walking shoes, shorts, and your great attitude. *Please mark your registration form if you plan to participate.* Free T-shirt to finishers.

Other activities at Suncadia Resort...

Prospector Golf Course

36 holes of golf. Stunning views. Incredible design. Immaculate conditions. All surrounded by the rolling pine forest and towering granite peaks of the sunny, eastern slopes of the Cascades. From beginner to advanced, and day outings to extended vacations, Suncadia offers the Northwest's finest mountain golf experience. Three courses to choose from: Prospector, Rope Rider, and Tumble Creek. Please call 1-866-715-5050 for tee times.

Glade Spring Spa

Enjoy massages, body work, facials and couples' spa treatments focusing on balance, relaxation and rejuvenation using a blend of natural ingredients, healing body techniques, and advanced skin care. The luxury spa treatment center features vichy shower rooms, and duo rooms, including one with a private outdoor bath and deck. Contact Spa Concierge at 509-649-6470 to book your Glade Spring Spa experience.



Swim and Fitness Center

Our Swim & Fitness Center was designed to enhance year 'round recreational opportunities at Suncadia, as well as provide healthy lifestyle options for the whole family. It features both indoor and outdoor resort activities for members and guests.

FRIDAY DINNER PROGRAM | 6:30 PM start time

Friday, October 14, 2011

New Advances in the Treatment of Asthma

Presented by: David Elkayam, MD

Open to the first 55 people who register for the Fall Conference and RSVP for the dinner. The dinner and lecture will take place in the Victoria Room in the resort. *(The dinner is not available for Category 1 CME credit.)*

This event is generously supported by



Swiftwater Cellars

A boutique selection of wines includes inaugural releases of red and white Bordeaux blends and Syrah sourced from the Columbia Valley, and a Pinot Noir from Oregon's Willamette Valley. Situated atop Coal Mine No. 9



overlooking the Rope Rider golf course and features a tasting bar, restaurant, pro shop and special event facilities. Swiftwater Cellars' wines are sourced from select vineyards in the Pacific Northwest and tended to by veteran winemaker, Tony Rynders of Tony Rynders Consulting.

Bring the whole family Fun for a weekend of fun and activities...

From championship golf, fly fishing and miles of spectacular hiking and cycling trails to spa treatments, shopping, and fine dining, Suncadia is a place for friends and family to relax and reconnect.

Contact the resort or email them at www.suncadiaresort.com for more information.

ANNOUNCEMENTS

Thank you to our Fall 2010 and Winter 2011 Major Contributors:

Genentech, GlaxoSmithKline, Lilly USA, Merck, Novo Nordisk, Pfizer, Phadia, Sanofi-Aventis, US Navy, Washington Army National Guard

UPCOMING CONFERENCES

2012 WINTER CME CONFERENCE

WAPA is proud to be hosting its 23rd Annual Recertification Review course and Winter Conference at the Seattle Airport Doubletree Hotel on January 28- February 1, 2012. Approximately 35 CME hours will be applied for through AAPA. Mark your calendar!

2012 FALL CME CONFERENCE

WAPA will be hosting the 2012 Fall conference at The Davenport Hotel in Spokane, October 4-6, 2012. Please join us in Spokane, Washington!

REGISTRATION
WAPA 2011 ANNUAL FALL CONFERENCE



October 13–15, 2011
Cle Elum, Washington

Name: _____ Title: (PA, PA-C, ARNP) _____

Address: _____

City: _____ State: _____ Zip: _____

Specialty and City of practice (to appear on nametag): _____

Email*: _____ Daytime Ph: (_____) _____

* Email address needed for registration confirmation/receipt and e-syllabus link-to be emailed 1 week prior to meeting

■ Tuition includes continental breakfasts, luncheons and conference e-syllabus.

Check here if you want all hosted luncheon meals vegetarian.

	<u>Before 9/16/11</u>	<u>After 9/16/11</u>	
WAPA Member	\$200.00	\$220.00	_____

Non-WAPA Member	\$290.00	\$310.00	_____
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apply the difference to a 1-year WAPA membership

Workshop limited to 30 attendees. REGISTER EARLY!

<input type="checkbox"/> Casting Workshop	\$40.00	_____
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■ **Thursday Hotdog Social:** \$5.00 per person

YES, I will attend the Thursday Hotdog Social. _____

Please indicate the number of people attending with you: _____

Total amount enclosed \$ _____

■ **Dinner Program/Lecture: available to the first 55 people who register and RSVP.**

YES, I would like to attend the Friday evening dinner/lecture with TEVA

■ **Social Activity**

YES, I will be participating in the ANNUAL 5K PA FUN RUN/WALK (T-shirts for all race finishers)

T-shirt size: S M L XL

PAYMENT

Enclosed is my check made payable to: **WAPA**

by Credit Card: **VISA**



Name on card: _____

Number: _____ Exp Date: _____/_____/_____

Billing Address and Zip Code: _____

Signature: _____

MAIL CHECK TO:

WAPA Annual Fall Conference • 2033 Sixth Avenue • Suite 1100 • Seattle, WA 98121
Questions? Call WAPA at (206) 956-3624/1-800-552-0612 ext. 3006, or Email: LMK@WSMA.org



**The Washington Academy
of Physician Assistants**

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TEL: 206-956-3624
1-800-552-0612 EXT. 3006
EMAIL: LMK@wsma.org

Visit us online!
WWW.WAPA.COM

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SEATTLE, WA

LODGING INFORMATION

Suncadia Resort
3600 Suncadia Trail
Cle Elum, WA 98922
www.suncadiaresort.com



■ **Reservations: (866) 904-6300**

■ **Accommodations:**

A deposit of one day's rate or your major credit card number must be received by September 13, 2011 in order to ensure room availability. Nonsmoking rooms are available. Check-in is 4:00 PM. Checkout is 11:00 AM.

The cut off date for the WAPA group rate is Tuesday, September 13, 2011. Please let the reservationist know you are with the WAPA conference for the special rate.

Room Rates: Deluxe Room: Single/double *\$129.00/night
1 Bedroom Suite: Single/double *\$129.00/night

* There is a resort fee of \$20.00 per day which includes: in-room Wi-Fi, in-room coffee, self-parking

■ **Driving Directions:**

From Seattle: Drive east on I-90 for approximately 80 miles to the Roslyn/Salmon La Sac exit (exit 80). Turn left at the exit onto Bullfrog Road and follow the signs to Suncadia.

From Sea-Tac Airport: Follow signs for I-405 north. Proceed until the I-90 interchange and take I-90 east toward Spokane. Continue east on I-90 for approximately 80 miles to the Roslyn/Salmon La Sac exit (exit 80). Turn left at the exit onto Bullfrog Road and follow the signs to Suncadia.

From Spokane: Drive west on I-90 for approximately 215 miles to the Roslyn/Salmon La Sac exit (exit 80). Turn right at the exit onto Bullfrog Road and follow the signs to Suncadia.

From Portland: Drive North on I-5 into Washington State. Take exit 142A to merge onto WA-18 east toward North Bend/Auburn. Continue on Hwy 18 for approximately 28 miles then merge onto I-90 east via the ramp to Spokane. Continue east on I-90 for approximately 55 miles to the Roslyn/Salmon La Sac exit (exit 80). Turn left at the exit onto Bullfrog Road and follow the signs to Suncadia.