

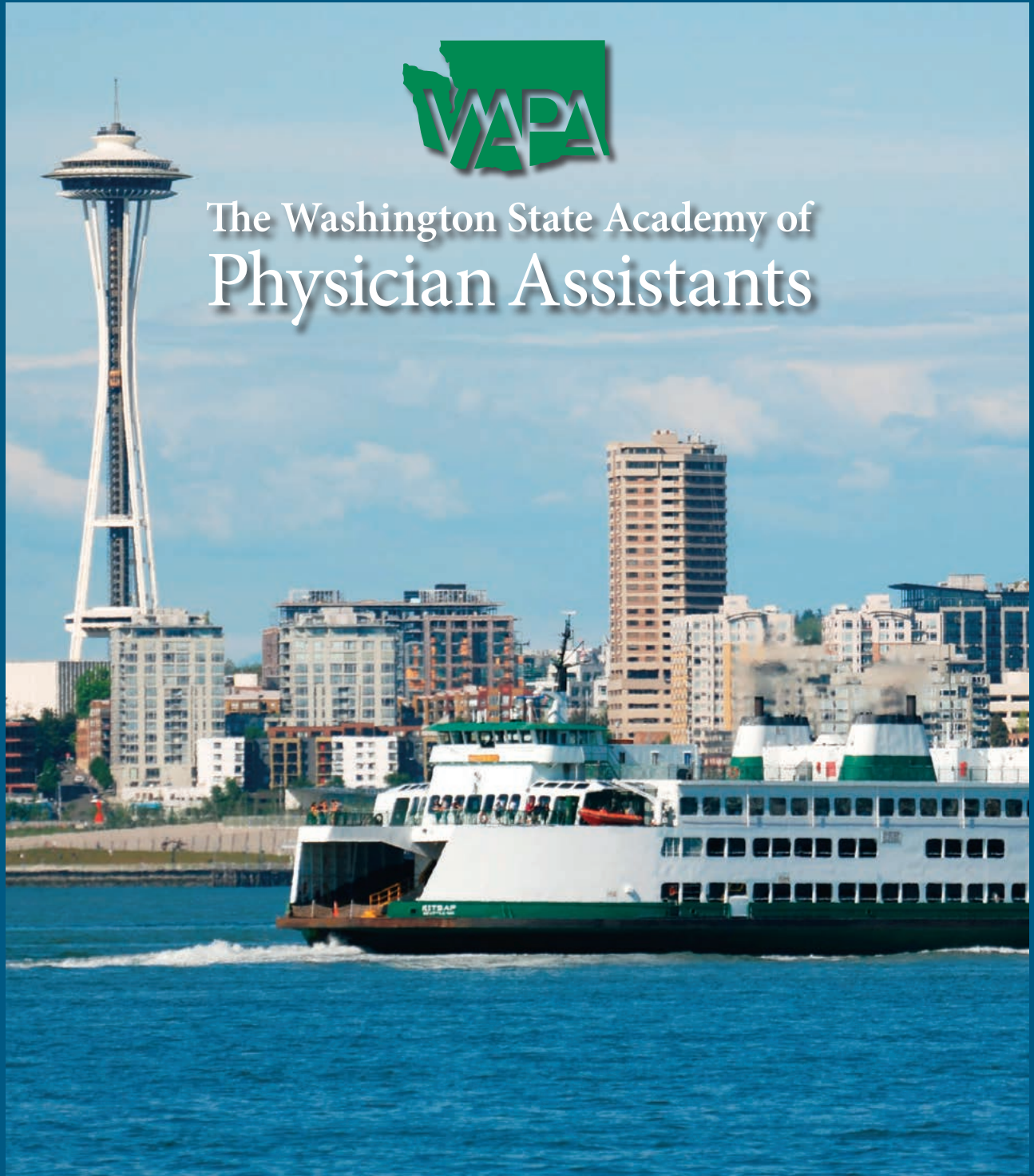
# 33rd Annual Primary Care Review and Update 2022 Spring Conference

April 23 – 26, 2022

Marriott Hotel Seattle Airport | Seattle, Washington



The Washington State Academy of  
Physician Assistants



Visit Seattle WA photo courtesy of Howard Frisk

**T**he Washington State Academy of Physician Assistants is proud to host its 33rd Annual Primary Care Review and Update Conference at the Marriott Hotel near the Seattle Airport. We know that all Physician Assistants need updated CME to help them continue to provide excellent patient care. We also understand the need for Physician Assistants to review major medical core knowledge areas as they prepare to take the NCCPA Recertification Exam. Our goal is to help meet both of these needs, and to make your learning experience a pleasant one. Please join us at our 2022 Spring Conference for an outstanding opportunity to review and update your medical skills as well as enjoy the rare opportunity to network with fellow colleagues.

### Accreditation

This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for **26 AAPA Category 1 CME** credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 4/23/2022 to 4/26/2022. AAPA reference number: CME-205782.

### Electronic Syllabus

WAPA will be providing an e-syllabus in place of a paper syllabus. The link will be sent to your email address prior to the start of the conference. It will have all of the speaker presentations (powerpoint slides, outline, articles). Each attendee at registration check-in will receive a packet of information (schedule, raffle rules and events that you signed up for). The e-syllabus can be downloaded onto your laptop or ipad so that you can follow along during the presentations. The e-syllabus will be available online for 3 months after the conference. Watch for an email from WAPA with instructions on how to view the e-syllabus online. There will be complimentary WiFi in the lecture halls.

### Parking

Daily parking is included in your registration fee. Your discounted hotel booking at the Seattle Airport Marriott Hotel also includes your daily parking fee.

### Automated Response System

An Automated Response System (ARS) will be used in both our main and concurrent lecture hall to promote interaction between you and the speaker. The hand-held remote will allow attendees to convey responses to questions asked by each speaker. Complete instructions will be available at the conference.

### Friday Night Happy Hour and Registration

Join us Friday evening April 22, between 7:00pm–9:00pm in the WAPA welcome suite at the conference hotel. Come by and enjoy some appetizers, wine and beer or just swing by and register early and say hello to some fellow conference goers. Just ask for the suite location at the hotel registration desk on your arrival.

Registration will also be available starting at 7:00am on Saturday, April 23.

### Refunds/Cancellations

An administrative fee of \$75.00 is withheld from all refunds. No refunds will be made after the course has begun. Registration is limited to available space.

### MEDEX NW Alumni Reception

On Saturday, April 23rd, MEDEX NW will host its annual awards ceremony in the Atrium from 5:00 pm to 8:00 pm. MEDEX NW Alumni, students, conference attendees and guests are welcome to attend.

### Breakfast and Lunch Programs

WAPA is hosting a variety of non CME industry supported meal functions as part of the conference. It is important that if you sign up for these events, that you attend.

- ▶ ***Breakfast and lunch programs are limited to the first 50 attendees who register and RSVP for the program.***

#### Sunday, April 24:

**Breakfast Program** (7:30–8:20am) supported by Otsuka

- Presentation: *The value of plant focused Ketogenic Diet in Chronic Kidney Disease*

**Lunch Program** (noon–1:00pm) supported by SI-BONE

#### Monday, April 25:

**Lunch Program** (noon–1:00pm) supported by UW Psychiatry

- Presentation: *“Difficult” Patients—Types and best practices*

This talk will review the common types of more challenging patients to work with and how to identify them, and review strategies that practitioners can use to maximize patient care.

#### Tuesday, April 26:

**Lunch Program** (noon–1:00pm) supported by Gilead HIV

- Presentation: *Creating Effective Conversations When Discussing HIV Test Results*



MAIN HALL LECTURES – WASHINGTON BALLROOM

7:30 am REGISTRATION/CONTINENTAL BREAKFAST

8:20 am WELCOME/ANNOUNCEMENTS

8:30 am – 10:00 am

*Covid Update*

Leah Yoke, PA-C, MCHS

10:00 am – 10:30 am EXHIBITOR BREAK

Enter our raffle in the Evergreen Ballroom

10:30 am – 12:00 pm

*Wound Care for Primary Care*

Marc Jones, DPM

12:00 pm – 1:00 pm

Lunch-PA Legislation Wrap Up and What's Ahead

Sue Cole, PA-C and Chelsea Hager, JD

1:00 pm – 2:30 pm

*Charcot foot*

Marc Jones, DPM

2:30 pm – 3:00 pm EXHIBITOR BREAK

Raffle drawing in the Evergreen Ballroom

3:00 pm – 4:00 pm

*Hematology Review*

Gabrielle Zecha, PA-C, MHA

4:00 pm – 5:00 pm

*Ophthalmology for Primary Care*

Michael Brush, MD

CONCURRENT HALL – SNOQUALMIE BALLROOM

7:30 am REGISTRATION/CONTINENTAL BREAKFAST

8:15 am WELCOME

8:30 am – 10:00 am

*Mindfulness for the Patient and the Provider:*

An Experiential Opportunity

Laura Katers, PA-C, MS

10:00 am – 10:30 am EXHIBITOR BREAK

Enter our raffle in the Evergreen Ballroom

2:30 pm – 3:00 pm

*Legislative Session: How to talk to your physician colleagues and state representatives and senators about "collaborative practice"*

Linda Dale, PA-C -WAPA Legislative and Health Policy Chair

5:00 pm – 8:00 pm

*MEDEX NW Awards Ceremony*

Atrium

**Saturday Lunch** is in the Atrium  
12:00 pm – 1:00 pm

**MEDEX RECEPTION**

The 2022 MEDEX Alumni Reception and Awards Ceremony will be the evening of Saturday, April 23, 2022 in the Atrium from 5:00 pm–8:00 pm. All MEDEX Alumni, Students and Conference attendees are welcome to attend.

MAIN HALL LECTURES – WASHINGTON BALLROOM

7:00 am REGISTRATION/CONTINENTAL BREAKFAST

7:55 am ANNOUNCEMENTS

8:00 am – 10:00 am

*The Aging Female Pelvis*

Suzette Sutherland, MD, MS, FPMRS

10:00 am – 10:30 am EXHIBITOR BREAK

Enter our raffle in the Evergreen Ballroom

10:30 am – 12:00 pm

*CHF and HTN review*

Gary Huang, MD

12:00 pm – 1:00 pm

Lunch in Atrium

1:00 pm – 2:30 pm

*Renal Failure and Chronic Kidney Disease for the Primary Care Provider*

Monica Morrison, PA-C

2:30 pm – 3:00 pm EXHIBITOR BREAK

Raffle drawing in the Evergreen Ballroom

3:00 pm – 4:00 pm

*Osteoporosis Management for Primary Care*

Kim O'Connor, MD, MACP

4:00 pm – 5:00 pm

*DOAC's*

Grace Baek, PharmD, BCOP

6:00 pm – 8:00 pm

*PA Trivia*

next to the hotel bar (look for WAPA signs)

CONCURRENT HALL – SNOQUALMIE BALLROOM

7:30 am – 8:20 am Breakfast supported by Otsuka

*The value of plant focused Ketogenic Diet in Chronic Kidney Disease*

Laura Frank, PhD, MPH, RDN, CD

8:20 am WELCOME

PA Student Track

8:30 am – 9:30 am

Recent PA Graduate Panel

9:30 am – 10:30 am

*NCCPA-PANCE*

Greg Thomas, PA-C Emeritus, MPH

10:30 am – 11:30 pm

*Elements of a Contract*

Michelle Cardenas, PA-C, MS

**WAPA BOARD MEETING – 10:00 am – Noon**

**HOD MEETING – 8:00 am – 10:00 am**

OPEN TO ALL WAPA MEMBERS

Please RSVP at the registration desk

**A special THANK YOU to the CME committee:**

Lyn Storm, PA-C and Allison Warmington, PA-C  
CME Co-chairs

Monica Morrison, PA-C

Leah Yoke, PA-C

MONDAY, APRIL 25, 2022

MAIN HALL LECTURES – WASHINGTON BALLROOM

7:30 am REGISTRATION/CONTINENTAL BREAKFAST

8:20 am ANNOUNCEMENTS

8:30 am – 10:00 am

*Current Diabetes Treatments and Medications*

Lorena Casas Wright, MD

10:00 am – 10:30 am EXHIBITOR BREAK

Enter our raffle in the Evergreen Ballroom

10:30 am – 12:00 pm

*Transgender Care of the Adult Patient*

Lorena Casas Wright, MD

12:00 pm – 1:00 pm

Lunch in Atrium or Washington Ballroom for a sponsored presentation!

1:00 pm – 2:30 pm

*Palliative care*

Meg Mullin, MD

2:30 pm – 3:00 pm EXHIBITOR BREAK

Raffle drawing in the Evergreen Ballroom

3:00 pm – 4:00 pm

*Advance Care Planning-Geriatric Considerations*

Meg Mullin, MD

4:00 pm – 5:00 pm

*Orthopedics*

Fred Huang, MD

TUESDAY, APRIL 26, 2022

MAIN HALL LECTURES – WASHINGTON BALLROOM

7:30 am REGISTRATION/CONTINENTAL BREAKFAST

8:20 am ANNOUNCEMENTS

8:30 am – 10:00 am

*Dermatology Review*

Theresa Schimmels, PA-C

10:00 am – 10:30 am EXHIBITOR BREAK

Enter our raffle in the Evergreen Ballroom

10:30 am – 12:00 pm

*Venous Stasis vs Arterial Wounds*

Theresa Schimmels, PA-C

12:00 – 1:00 pm Lunch Program Supported by Gilead HIV  
*Creating Effective Conversations When Discussing HIV Test Results* — The presentation will include discussions around HIV Treatment (Biktarvy) and HIV Prevention, PrEP (Descovy).

1:00 pm – 2:30 pm

*Anxiety and Depression in the Adolescent*

Cora Breuner, MD, MPH

2:30 pm – 3:00 pm

*Contraception*

Cora Breuner, MD, MPH

3:00 pm – 4:00 pm EXHIBITOR BREAK

Raffle drawing in the Evergreen Ballroom

4:00 pm – 5:00 pm

*Medication-Assisted Treatment for Opioid Use Disorder in Primary Care*

Bonnie Joy, PA-C, MPA

CONFERENCE ADJOURNS

Thanks to the following companies who supported us  
in Spokane at our Fall Conference

Astellas Pharma US

Astra Zeneca Pharma PSS Primary Care

Bayer

Boehringer Ingelheim Pharmaceuticals Inc

Bristol Myers Squibb

Genentech

Gilead Sciences, Inc

GlaxoSmithKline

Janssen Pharmaceuticals

NovoNordisk

Pacific University

Sanofi Genzyme

Sanofi Genzyme Pulmonary Division

Sanofi Pasteur Vaccines

Shriners Hospitals for Children – Spokane

## FACULTY

**Grace Baek, PharmD, BCOP**  
Clinical Oncology Pharmacist  
Seattle Cancer Care Alliance  
Seattle, WA

**Cora Breuner, MD, MPH**  
Adolescent Medicine  
Orthopedics and Sports Medicine  
Seattle Children's Hospital  
Seattle, WA

**Michael Brush, MD**  
Ophthalmology  
Kaiser Permanente  
Puyallup, WA

**Michele Cardenas, PA-C, MS**  
Assistant Director of Outpatient Advanced Practice  
Providers  
University of Washington Medical Center  
Harborview Medical Center  
Seattle, WA

**Fred Huang, MD**  
Proliance Orthopedic Associates  
Fellow of the American Academy of Orthopedic Surgeons  
Renton, WA

**Gary Huang, MD, FAAC**  
Cardiology  
University of Washington Medical Center  
Seattle, WA

**Marc Jones, DPM**  
Podiatric Surgeon  
Veteran Affairs Medical Center  
Spokane, WA

**Bonnie Joy, PA-C, MPA**  
Assistant Teaching Professor  
MEDEX NW PA Program  
Tacoma, WA

**Laura Katers, PA-C, MCHS, MS**  
University of Washington Medical Center  
Department of Anesthesiology and Pain Medicine  
Seattle, WA

**Monica Morrison, PA-C**  
Teaching Associate, Division of Nephrology  
Harborview Medical Center  
Seattle, WA

**Meg Mullin, MD**  
Family Medicine  
Hospice and Palliative Medicine  
Olympia, WA

**Kim O'Connor, MD, FACP**  
Associate Professor of Medicine  
Division of General Internal Medicine  
University of Washington  
Seattle, WA

**Theresa Schimmels, BCHS, PA-C, DFAAPA**  
Dermatology  
Mann-Grandstaff  
Veteran Affairs Medical Center  
Spokane, WA

**Suzette Sutherland, MD, MS, FPMRS**  
Director-Female Urology  
University of Washington Medical Center  
Pelvic Health Center  
Seattle, WA

**Greg Thomas, PA, MPH**  
NCCPA  
Director of External Relations  
Lost River, WV

**Lorena Alarcon-Casas Wright, MD, FACE**  
Clinical Assistant Professor  
Metabolism, Endocrinology and Nutrition  
University of Washington Medical Center  
Harborview Medical Center  
Seattle, WA

**Leah Yoke, PA-C, MCHS**  
Chief Physician Assistant  
University of Washington Medical Center  
Vaccine and Infectious Disease Division  
Fred Hutchinson Cancer Research Center  
Allergy and Infectious Disease Division  
Seattle, WA

**Gabrielle Zecha, PA-C, MHA**  
Oncology  
Director of Advanced Practice Providers  
Seattle Cancer Care Alliance  
Seattle, WA

# CONFERENCE REGISTRATION

## 33rd Annual Primary Care Review and Update

Please Type or Print

FULL NAME (TO APPEAR ON NAME BADGE)

TITLE (PA, PA-C, ARNP):

PRACTICING CITY (TO APPEAR ON NAME BADGE)

MAILING ADDRESS

CITY

STATE

ZIP

PHONE

EMAIL ADDRESS

YOUR MEDICAL SPECIALTY (TO APPEAR ON NAME BADGE)

### Registration/Tuition Fees:

Covers CME Program, continental breakfasts, refreshment breaks, luncheons, WiFi in lecture halls, daily parking and Friday Night Happy Hour. Also included is a hosted latte cart in the exhibitor hall. **The online syllabi will be emailed to you before the start of the conference.**

	Early Bird: Received by March 13	Received after March 14	On Site Registration	
WAPA Member	<input type="checkbox"/> \$490.00	<input type="checkbox"/> \$520.00	<input type="checkbox"/> \$560.00	\$ _____
Non-Member	<input type="checkbox"/> \$560.00	<input type="checkbox"/> \$590.00	<input type="checkbox"/> \$630.00	\$ _____

### 2-Day Registration:

WAPA Member  \$275.00      Non-Member  \$325.00      \$ \_\_\_\_\_

**Student Tuition:** \$50.00 per day. Student rate includes daily meals.

**Daily Registrants and Students:** Please indicate the day(s) you will be attending:

Saturday     Sunday     Monday     Tuesday      \$ \_\_\_\_\_

**Hosted Lunches:**  Please check box if you want *all* hosted lunches **vegetarian**

Please list any food allergies (e.g., nuts, wheat, dairy): \_\_\_\_\_

**Registration Tuition:** \$ \_\_\_\_\_

**Workshop Tuition:** \$ \_\_\_\_\_

**TOTAL:** \$ \_\_\_\_\_

### Breakfast and Lunch Programs

Open to the *first 50 conference attendees* who *RSVP*

- Yes, I would like to attend the **Sunday, April 24 Breakfast** program
- Yes, I would like to attend the **Sunday, April 24 Lunch** program
- Yes, I would like to attend the **Monday, April 25 Lunch** program
- Yes, I would like to attend the **Tuesday, April 26 Lunch** program

➡ OVER



# CONFERENCE REGISTRATION

## 2022 Spring Conference Registration *(continued)*

### Payment:

**By check.** Please make check payable to: **WAPA**

Mail to: **WAPA**

2001 Sixth Avenue, Suite 2700  
Seattle, WA 98121

PHONE: 206-956-3624 | FAX: 206-441-5863

WAPA TAX ID# 91-0953376

By credit card:



NAME ON CARD

CREDIT CARD NUMBER

CVV CODE [3-DIGIT FOR VISA OR MASTERCARD, OR 4-DIGIT FOR AMEX]

EXPIRATION DATE

BILLING ADDRESS



## Mark your calendars for future WAPA events!

**October 27–29, 2022**

**Annual Fall Conference:** Suncadia Resort | Cle Elum, WA

**October 26–28, 2023**

**34th Annual Primary Care Review and Update**

New Venue! Marcus Whitman Hotel, Walla Walla, WA

Visit our website at: [www.wapa.com](http://www.wapa.com) or contact Linda Krause, WAPA Administrator, at: [LMK@wsma.org](mailto:LMK@wsma.org) or 206-956-3624